

# LIAT TOWERS

## AÇAÍ / SMOOTHIE BOWLS

\$12.50

ADDITIONAL TOPPINGS \* from \$0.70



### PURA VIDA

**TOP :** Granola, fresh fruits, coconut flakes

**BASE :** Açaí, mixed berries, banana, coconut



### SAO PAOLO

**TOP :** Almond butter, coconut flakes, granola, cacao nibs, goji berries

**BASE :** Açaí, cacao, banana, oat milk



### BIG SURF

**TOP :** Granola, banana, pomegranate, coconut flakes, honey

**BASE :** Blue spirulina, banana, coconut pineapple

## JUICES

\$5.90

### ALKALIZER

Apple, lemon, spinach, pineapple juice

### PINEAPPLE PASSION

Passionfruit, apple, pineapple juice

### SUNRISE

Apple, carrot, tumeric

Protein

Energy

Non-Dairy

Vegan options available!

## CLASSIC SMOOTHIES

\$6.90

### ROXY

Banana, mango, passionfruit, yogurt, coconut

### TROPICANA

Pineapple, mango, banana, coconut flakes, coconut

### HAVANA

Strawberry, banana, yogurt, orange juice

### CHOCOLATTA

Chocolate biscuits, banana, cocoa, yogurt, oat milk

### BERRY BLAST

Strawberry, blueberry, yogurt, pineapple juice

### ALOHA

Pineapple, strawberry, yogurt, honey, coconut juice

### GREEN GODDESS

Spinach, mango, passionfruit, yogurt, coconut juice

## SUPERFOOD SMOOTHIES

\$7.90

### CHULO

Açaí, pineapple, protein powder, coconut

### AMAZONIA

Açaí, blueberries, banana, pineapple juice

### RIO

Açaí, mango, blueberries, oat milk, honey

### ROBUSTA

Açaí, banana, espresso, almond butter, cacao powder, oat milk

### SAMBA

Mixed berries, banana, rolled oats, honey, yogurt, orange

### THE HULK

Spirulina, mango, spinach, pineapple, yogurt, coconut

### MUSCLE BEACH

Blueberries, banana, spinach, oat milk, protein powder

## SOFT SERVE

YOGURT / AÇAÍ / TWIST

ADDITIONAL TOPPINGS \* from \$0.70



SMALL \$6.50

Yogurt / Açaí / Twist

+ Granola  
+ 1 Topping



REGULAR \$7.90

Yogurt / Açaí / Twist

+ Granola  
+ 1 Topping  
+ 1 Fruit

## COFFEE

ESPRESSO	3.5
LONG BLACK	4
LATTE	5
CAPPUCCINO	5

Extra Shot +1 / Iced +1 / Oat Milk +0.5

## OTHERS

ESPRESSO TONIC	6
ICED COFFEE WITH LIME	6.5
COLD BREW ASSAM TEA WITH SALT & LIME	6.5

# GREAT WORLD CITY

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## CLASSIC SMOOTHIES

**\$6.90**

### ROXY ⚡

Banana, mango, passionfruit, yogurt, coconut

### TROPICANA ⚡ 🌿

Pineapple, mango, banana, coconut flakes, coconut

### HAVANA ⚡

Strawberry, banana, yogurt, orange juice

### CHOCOLATTA ⚡

Chocolate biscuits, banana, cocoa, yogurt, oat milk

### BERRY BLAST

Strawberry, blueberry, yogurt, pineapple juice

### ALOHA

Pineapple, strawberry, yogurt, honey, coconut juice

### GREEN GODDESS

Spinach, mango, passionfruit, yogurt, coconut juice



Protein



Energy



Non-Dairy

Vegan options available!

## SUPERFOOD SMOOTHIES

**\$7.90**

### CHULO 🌿

Açaí, pineapple, protein powder, coconut

### AMAZONIA ⚡ 🌿

Açaí, blueberries, banana, pineapple juice

### RIO 🌿

Açaí, mango, blueberries, oat milk, honey

### ROBUSTA ⚡ 🌿

Açaí, banana, espresso, almond butter, cacao powder, oat milk

### SAMBA ⚡

Mixed berries, banana, rolled oats, honey, yogurt, orange

### THE HULK 🌿

Spirulina, mango, spinach, pineapple, yogurt, coconut

### MUSCLE BEACH 🌿

Blueberries, banana, spinach, oat milk, protein powder

## SOFT SERVE

### YOGURT / AÇAÍ / TWIST



**SMALL \$6.50**

Yogurt / Açaí / Twist

+ Granola  
+ 1 Topping



**REGULAR \$7.90**

Yogurt / Açaí / Twist

+ Granola  
+ 1 Topping  
+ 1 Fruit

\* ADDITIONAL TOPPINGS AVAILABLE **from \$0.70**

# TAKEAWAY MENU

\$10 island-wide delivery with minimum order of \$35.  
\*Free delivery when your order above \$60!

Whatsapp us at 9018 3253 to order

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## SUPERFOOD SMOOTHIES

**\$7.90**

### CHULO 🌿

Açaí, pineapple, protein powder, coconut

### AMAZONIA ⚡ 🌿

Açaí, blueberries, banana, pineapple juice

### RIO 🌿

Açaí, mango, blueberries, oat milk, honey

### ROBUSTA ⚡ 🌿

Açaí, banana, espresso, almond butter, cacao powder, oat milk

### SAMBA ⚡

Mixed berries, banana, rolled oats, honey, yogurt, orange

### THE HULK 🌿

Spirulina, mango, spinach, pineapple, yogurt, coconut

### MUSCLE BEACH 🌿

Blueberries, banana, spinach, oat milk, protein powder

## DIY AÇAÍ KIT

**\$35.00**

### INCLUDES:

- 4 acai packs
- 200g granola
- 4 bananas
- 400g frozen blueberries or strawberries
- Coconut water or oat milk
- 1 jar of homemade almond butter
- Choice of 2 toppings
- \*recipe included!

### Choice of 2 toppings:

- Coconut flakes
- Gogi berries
- Cacao nibs
- Chia seeds
- Flax seeds
- Pumpkin seeds
- Coco snack
- Digestive crumbs
- Mini pretzels
- Sliced almonds